

Atma Jyoti Yoga Retreat & Sound Healing Center

Volunteer Application Form



Welcome to Atma Jyoti

Namastê and thank you for your interest in volunteering with us in beautiful Lakeside Pokhara!



Volunteer Program Selection

Please select the program you are applying for:

- General Volunteer Program
- Yoga Teacher Volunteer Program



Personal Details

Full Name: _____

Nationality: _____

Passport Number: _____

Email Address: _____

Phone/WhatsApp: _____

Emergency Contact Name & Phone: _____



Availability

Preferred Start Date: // _____

Preferred End Date: // _____

Are you able to commit to the minimum 30-day stay? Yes No



Dietary Information

Dietary Preferences/Restrictions (vegetarian, vegan, allergies, etc.):



Health & Wellness

Please share any physical or psychological conditions we should be aware of:



How Did You Hear About Us?

Instagram Facebook Google Search Word of Mouth Workaway Other (please specify): _____



General Volunteer Program (if applicable)

Please indicate your areas of interest/skill:

- Social media, promotion, and marketing
- Cooking and meal preparation
- Cleaning and daily upkeep
- Light repairs and maintenance

- Gardening and outdoor work
 Other: _____
Previous experience in these areas:

 **Yoga Teacher Volunteer Program (if applicable)**

Teaching style/specialization:

Years of teaching experience: _____

Certifications (please list): _____

Please indicate your preference:

- 50% commission on every class taught
 Free accommodation and meals in exchange for teaching

 **Language Requirement**

Are you fluent in English? Yes No

Other languages spoken: _____

 **About You**

Why are you interested in volunteering at Atma Jyoti?

What skills or gifts do you hope to bring to our community?

What do you hope to learn or gain from this experience?

Have you volunteered with similar organizations before? If yes, please describe:

Agreement

By applying to the Atma Jyoti Volunteer Program, I agree to:

- Respect the daily schedule and community guidelines
- Treat all residents, guests, and fellow volunteers with kindness and compassion
- Participate mindfully and contribute with a spirit of service
- Communicate any concerns or suggestions respectfully
- Commit to the minimum 30-day stay if selected

 **Signature**

Name: _____

Signature: _____

Date: // _____